



STREAM Training Application

with Ellen Heed, PhD

online mentorship program 2020

Full Name & Date_____

Primary Email Address_____

Phone Number_____

STREAM MENTORSHIP APPLICATION 2020
Submit to ellenheed@mac.com 1

1) Tell us about your educational background

2) Tell us about your professional background

3) What experience or training do you have with embodied practices such as yoga, dance, massage, meditation, martial arts, or other movement practices?

4) Why do you want to learn the STREAM approach to pelvic floor work?

5) Who do you want to help as a result of participating in this program? New moms, gender affirmation clients, older folks, people with chronic pain (for example).

6) How else do you intend to use your learning from the STREAM Mentorship Program in your professional life and practice?

7) What are your strengths as a student? Your limitations?

8) Are you aware of the laws where you live or intend to work about your scope of practice and ability to include genital touch in your work? If so, where do you stand with this?

9) What do you think you may find challenging about the STREAM Mentorship Program?

10) The STREAM Mentorship Program Online requires a minimum of 8 hours of weekly study. How do you plan to manage your time?

11) Please tell us about any physical or mental health issues you have. This is important for us to know about in order to support you in your learning process.

12) If you are living with trauma, could you please provide a little more detail on how it currently affects you?

13) If you are in any process of recovery, for example from surgery, cancer, substance use, relationship break up, grief, psychosis or spiritual emergency, please tell us about it here. Can you think of anything that might prevent you from completion of this program?

14) Please tell us about anything else you would like us to know about you.